



INTERNATIONAL Student Guide



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Table of Contents

MESSAGE FROM THE SECRETARY OF INTERNATIONAL RELATIONS AT UFG	6
ABOUT UFG	7
OFFICIAL PROCEDURES BEFORE ARRIVING IN BRAZIL	10
<i>Checklist</i>	10
<i>Letter of Acceptance</i>	10
<i>Passport</i>	10
<i>Visa</i>	10
<i>Vaccinations</i>	11
<i>Life/Health Insurance</i>	12
<i>CPF</i>	12
COST OF LIVING	13
ACADEMIC PROCEDURES UPON ARRIVAL IN BRAZIL	14
<i>Portuguese Language Course</i>	14
INFORMATION ABOUT YOUR STAY	15
<i>Airport Location</i>	15
<i>Transportation Options in Goiânia</i>	17
<i>Other Transportation Options in the City</i>	20
<i>Accommodation</i>	20
<i>Casa do Estudante Universitário</i>	21
<i>Where to Eat?</i>	22
<i>University Restaurant</i>	23
<i>Cell Phone Number and Mobile Internet</i>	25
<i>Voltage and Type of Socket</i>	25

<i>Main Payment Methods.....</i>	<i>26</i>
<i>International credit/debit cards.....</i>	<i>26</i>
<i>Cash (Reais - R\$).....</i>	<i>26</i>
<i>PIX: Brazilian Instant Payment</i>	<i>26</i>
<i>Campuses (Locations).....</i>	<i>27</i>
<i>Samambaia Campus.....</i>	<i>27</i>
<i>Colemar Natal e Silva Campus</i>	<i>29</i>
<i>Aparecida de Goiânia Campus.....</i>	<i>31</i>
<i>Goiás Campus.....</i>	<i>33</i>
<i>Caldas Novas Campus.....</i>	<i>35</i>
<i>Cidade Ocidental Campus</i>	<i>37</i>

OFFICIAL PROCEDURES AFTER ARRIVING IN BRAZIL 38

<i>How to open a bank account in Brazil</i>	<i>38</i>
<i>National Migration Registration Card (CRNM).....</i>	<i>40</i>
<i>Enrollment at UFG.....</i>	<i>43</i>

ACCESSING UFG ACADEMIC SYSTEMS 44

<i>UFG Integrated Academic Activities Management System (SIGAA).....</i>	<i>44</i>
<i>UFG Wi-fi (Eduroam).....</i>	<i>46</i>
<i>Badge.....</i>	<i>46</i>
<i>Library.....</i>	<i>47</i>
<i>Library ID Card</i>	<i>48</i>

USEFUL INFORMATION 49

<i>Student ID.....</i>	<i>49</i>
<i>Emergency Telephone Numbers.....</i>	<i>49</i>
<i>Emergency Health Care Units near Campuses.....</i>	<i>49</i>
<i>Climate and Clothing.....</i>	<i>51</i>

DISCOVERING THE CITY OF GOIÂNIA	53
<i>Civic Square</i>	<i>53</i>
<i>Oscar Niemeyer Cultural Center</i>	<i>53</i>
<i>Martim Cererê Cultural Center</i>	<i>54</i>
<i>Main Parks in Goiânia</i>	<i>55</i>
<i>Flamboyant Park.....</i>	<i>55</i>
<i>Vaca Brava Park</i>	<i>56</i>
<i>Areião Park</i>	<i>56</i>
<i>Bosque dos Buritis</i>	<i>57</i>
<i>Goiânia Zoo</i>	<i>57</i>
<i>Mutirama Park</i>	<i>58</i>
<i>Street Markets</i>	<i>58</i>
<i>Hippie Street Market.....</i>	<i>59</i>
<i>Feira da Lua Street Market.....</i>	<i>59</i>
<i>Feira do Sol Street market</i>	<i>59</i>
DISCOVERING THE STATE OF GOIÁS	60
<i>Ecotourism in the State.....</i>	<i>60</i>
<i>Pirenópolis.....</i>	<i>61</i>
<i>Chapada dos Veadeiros.....</i>	<i>61</i>
<i>Cidade de Goiás.....</i>	<i>61</i>
<i>Caldas Novas</i>	<i>62</i>
<i>Brasília</i>	<i>62</i>
<i>Traditional Cuisine</i>	<i>63</i>
SRI Contacts.....	65

MESSAGE FROM THE SECRETARY OF INTERNATIONAL RELATIONS AT UFG

Welcome to the Federal University of Goiás (UFG)!

It is with great pleasure that we welcome you, international student, to our institution. UFG is proud to be a diverse, welcoming space committed to academic excellence, innovation and cultural diversity. Here, you will find an enriching environment for your intellectual, personal and professional development, as well as unique opportunities to experience Brazilian culture and build global connections.

Our International Affairs Office (SRI) is available to support you on your journey at UFG, whether in the adaptation process, in integrating into the academic community or in clarifying doubts. We believe that your presence contributes to strengthening ties between UFG and partner institutions around the world, promoting intercultural dialogue and international cooperation.

We encourage you to explore everything that UFG and the city of Goiânia have to offer: from the modern and well-equipped campuses to the cultural, historical and natural richness of the state of Goiás. This guide has been carefully prepared to help you make the most of this transformative experience.

We count on you to share your ideas, perspectives and experiences with us, making UFG even more global and inclusive. Welcome to our university community!

Sincerely,

Rejane Faria Ribeiro-Rotta
*Head of the International Affairs Office
Federal University of Goiás (UFG)*

ABOUT UFG



Rectory of UFG.

The Federal University of Goiás (UFG) is pleased to welcome international students who have chosen this institution as their exchange destination.

UFG is an institution of education, research and extension, which aims to produce, systematize and socialize knowledge and wisdom, training professionals and citizens committed to the transformation and development of society. Throughout its more than 60 years of history, UFG has diversified and expanded its activities and today has more than 100 undergraduate in person courses and 3 in the distance learning (EaD) modality. The University has more than 30 thousand students, distributed across six campuses in the cities of Goiânia, Goiás, Aparecida de Goiânia, Caldas Novas and Cidade Ocidental. In addition, the University has a branch in the city of Firminópolis. In the capital and its metropolitan region, UFG has the Samambaia Campus, the Colemar Natal e Silva Campus (at Praça Universitária) and the Aparecida de Goiânia Campus. At the Cidade

de Goiás Campus, UFG offers 7 courses divided into two special academic units. The Caldas Novas and Cidade Ocidental Campuses are new, and in the process of being structured. In addition to undergraduate courses, UFG provides basic education for teacher training, and also offers 119 *stricto sensu* and *lato sensu* graduate courses, including master's degrees, doctorates, professional master's degrees and specializations, with over 4 thousand students.

Something essential to know about the university: UFG is a public, secular and free university. What does this mean? That it belongs to everyone, regardless of religious belief, social class, sexual orientation, race/color, ideological or party affiliation, or any other specificity. It also means that it is maintained by federal public funds, that is, from taxes paid by all of us.

And what's more: UFG is a place where respect for sociocultural diversity and freedom of expression are core values, protected by the University Statute, which ensures respect for all and pluralism of ideas, without discrimination of any kind.

The UFG main campuses are located in the city of Goiânia, located in the heart of Brazil. Known as "the green city", Goiânia offers beautiful landscapes, wide avenues and an abundance of green space. Students will have the opportunity to explore charming parks, such as Flamboyant Park and Bosque dos Buritis, ideal for moments of relaxation and appreciation of nature. Goiânia is also recognized as an important cultural and artistic center. There is a rich diversity of cultural manifestations to be enjoyed, from country music, with its deep roots in the region, to contemporary art events and cultural festivals that take place throughout the year.

The mobility team of the International Affairs Office is available to assist you with all questions related to your stay. Students can contact them for guidance, information on cultural events or any other need they may have.

UFG offers all students an enriching experience in Goiânia. May your stay be filled with learning, opportunities to make lasting friendships and the creation of unforgettable memories. May everyone be very welcome to UFG, your home in Brazil!



Check out the link to the
UFG Institutional Video



University Calendar:
You can access the academic
calendar on the Prograd website

OFFICIAL PROCEDURES BEFORE ARRIVING IN BRAZIL

Before arriving in Brazil, be aware of the official procedures to be followed. If you have any questions, contact us via the SRI Mobility Department's email:

mobilidade.sri@ufg.br

Checklist

- Letter of Acceptance
- Passport
- Visa Application Form
- Visa
- Vaccinations
- Life/Health Insurance
- CPF
- Cost of Living

Letter of Acceptance

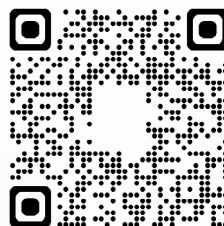
The letter of acceptance for international students is issued by SRI/UFG as soon as this Office is informed of the student's selection for mobility purposes.

Passport

It is necessary to check the expiration date of the passport, which must be valid for at least six months after the end of the stay in Brazil.

Visa

With your Letter of Acceptance in hand, you can apply for a visa at any Brazilian Consular Office. The process can be started online through the QR Code on the side.



Click on the QR Code or scan it to be redirected.

Simply select your country and follow the instructions, selecting the VITEM IV student visa, as shown in the image below:

The screenshot shows the 'Sistema e-consular' interface. At the top, there's a navigation bar with links like 'CORONAVIRUS (COVID-19)', 'ACESSO À INFORMAÇÃO', 'PARTICIPE', 'LEGISLAÇÃO', and 'ÓRGÃOS DO GOVERNO'. Below this, the header reads 'MINISTÉRIO DAS RELAÇÕES EXTERIORES' and 'Sistema e-consular'. The main content area has a heading 'Bem-vindo ao Serviço Consular Brasileiro'. It contains instructions in Portuguese about using the system to request services and select a consulate. At the bottom, there's a section titled 'Onde você se encontra?' with a dropdown menu labeled 'Selecione um país...'.

Vaccinations

Currently, Brazil does not have any vaccination requirements for entry into the country. However, it is very important that you update your vaccination coverage before arrival or as soon as you arrive. Some countries require vaccination certificates from people who have been in Brazil, so be aware of these requirements before returning to your country of origin.

For updated vaccination requirements, access the QR Code on the side.



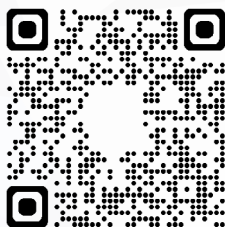
Click on the QR Code or scan it to be redirected..

Life/Health Insurance

For your stay in Brazil, you must purchase life and health insurances, including repatriation for the entire period of your mobility. Pay attention to the locations of the hospitals/institutions accredited to provide the contracted services.

CPF

The CPF is a tax document widely used in Brazil for identification, opening bank accounts and receiving funds. The process to obtain the CPF is simple and free. You can fill out the form available, accessing it through the QR Code below:



Click on the QR Code or
scan it to be redirected.

Afterwards, go to the consular section where your visa is being processed to complete the process for obtaining the CPF before arriving in Brazil.

COST OF LIVING

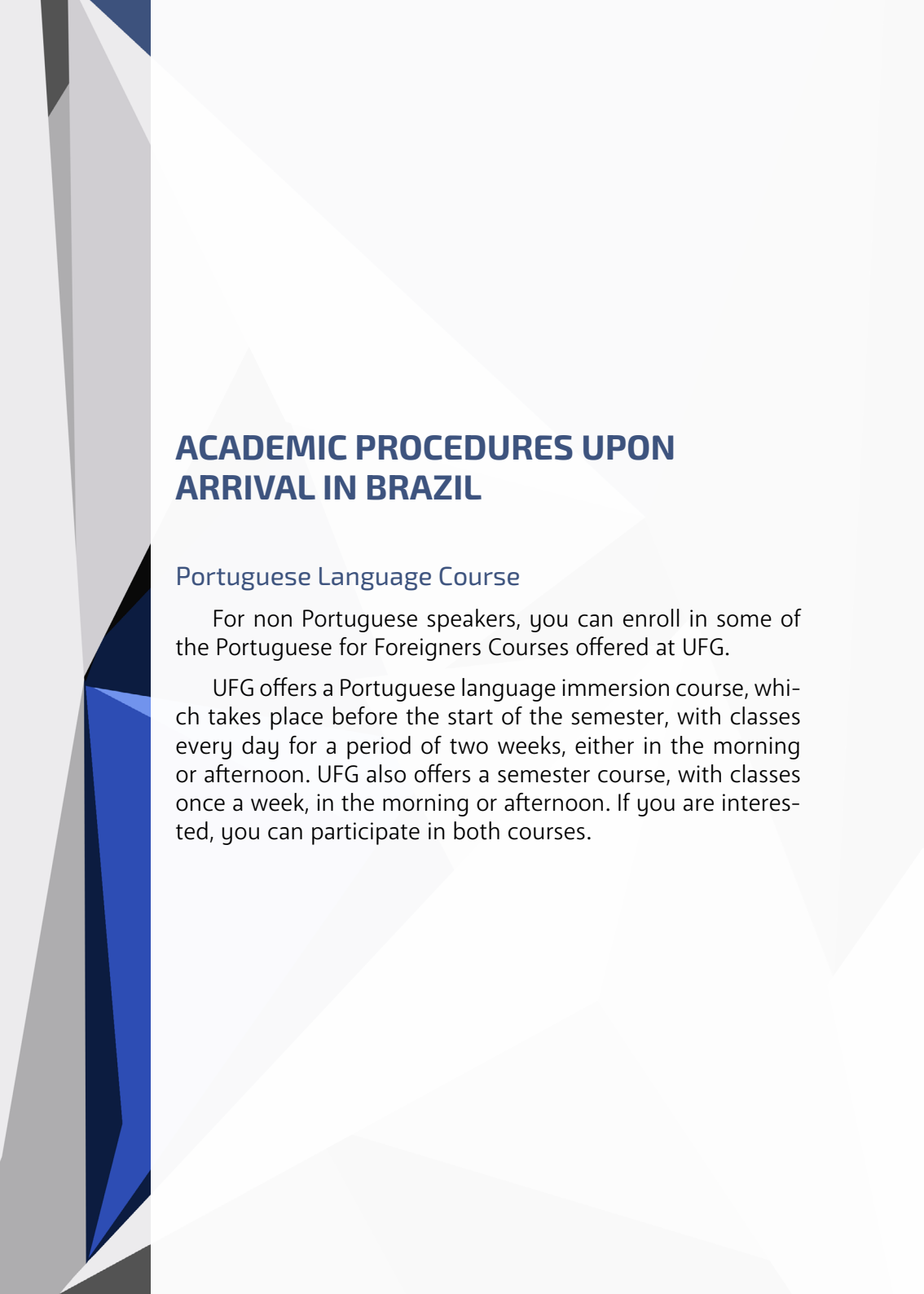
Your cost of living may vary depending on your lifestyle.

	Housing	Food	Transportation	Leisure	Others
Average	R\$ 766,67	R\$ 624,91	R\$ 258,00	R\$ 87,00	R\$ 95,00

One way to measure the cost of living in Goiás compared to the currency and value of goods and products in your country is through the QR Code below:



Click on the QR Code or scan it to be redirected.



ACADEMIC PROCEDURES UPON ARRIVAL IN BRAZIL

Portuguese Language Course

For non Portuguese speakers, you can enroll in some of the Portuguese for Foreigners Courses offered at UFG.

UFG offers a Portuguese language immersion course, which takes place before the start of the semester, with classes every day for a period of two weeks, either in the morning or afternoon. UFG also offers a semester course, with classes once a week, in the morning or afternoon. If you are interested, you can participate in both courses.

INFORMATION ABOUT YOUR STAY

Airport Location

In Goiânia, the airport is located at Praça Capitão Frazão, nº 913 – Setor Santa Genoveva – Goiânia – GO - CEP: 74672-900.



Santa Genoveva Airport in Goiânia/GO. Source: Infraero/ Disclosure

- Distance from the airport to the Samambaia Campus: 2.7 km
- Distance from the airport to the Colemar Natal e Silva Campus: 8,9 km.

At the airport, you can find the following airline services:

- Latam Airlines Brasil.
- Gol Linhas Aéreas.
- Azul Aéreas.

For professors and students arriving from other countries to the Samambaia Campus of the Federal University of Goiás (UFG), in Goiânia, there are several transportation options available. The Santa Genoveva Airport, located in the city, receives flights from many destinations, including domestic and international flights, making it easy to access the region. At the airport, you can take taxis, ride-hailing services or buses to get to the Campuses or to other destinations.

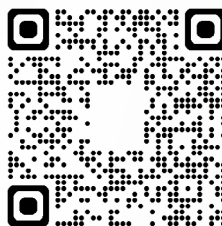
When driving to Goiânia from Brasília (the federal capital of Brazil) by car, there are two main access options:

- **BR-060 highway:** This is one of the main highways that connects Brasília to Goiânia. It is the fastest and most direct route, generally with good traffic conditions.
- **BR-153 highway:** This is another option that also connects Brasília to Goiânia.

The Goiânia Bus Station serves as a departure and arrival point for numerous cities and states in the country. Located in the city center, the bus station offers a complete structure to serve travelers, including ticket counters, snack bars, restaurants, shops and passenger support services. In addition, the bus station has a good public transportation infrastructure, making it easy to travel to other parts of the city. It offers trips to various destinations throughout the day and night. You can get a quote for ticket prices and buy them using the QR Code below, on the right.



Click on the QR Code above or scan it to see the location of the Goiânia Bus Station.



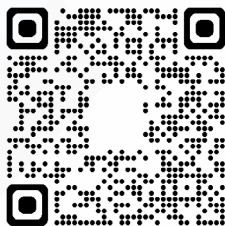
Click on the QR Code above or scan it to buy tickets on the Goiânia Bus Station website.

Transportation Options in Goiânia



Buses on Campus

The city has a public transportation infrastructure with bus lines that serve both campuses and their surroundings. These transportation options ensure a convenient and safe arrival at UFG's Samambaia Campus.



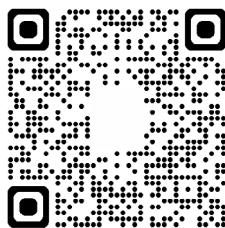
Click on the QR Code or
scan to see the bus lines that serve UFG.

For greater ease, you can download the SiMRmtc app to stay up to date with timetables, bus lines you need to take and travel planning.

To use public transportation, you must get a transportation card called “Cartão Fácil”, which you can recharge with your money. A ticket costs R\$4.30. With one ticket, you can take as many buses as you want within a 2-hour period. To create and recharge your card, simply go to the “stands” next to the bus stops. However, it is important to know that these “stands” are not available at all bus stops. On the Samambaia Campus, the recharge point is at the DCE (Central Student Directory). To check the recharge points, access the QR Code below, to the left. If you have any questions, you can check the website using the QR Code below, to the right.



Click on the QR Code or scan it to see the Easy Card recharge points in Goiânia.



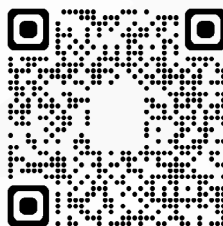
Click on the QR Code or scan it to clear up any doubts you may have about public transportation in Goiânia.

You can also use public transportation by paying with a credit or debit card. Also, you can get a Transportation Card if you wish. As a student in Goiânia, you can request your student card to use free public transportation (student free pass) from home to the University, after you have your CRNM and are enrolled at UFG.

First, you need to register using the QR Code below, on the left. Your card will be available within 15 days and you must schedule the collection using the QR Code below, on the right:



Click on the QR Code or
scan it to register.



Click on the QR Code or
scan it to schedule your pickup.

Use the “AGEND PASSE LIVRE ESTUD - ENTREGA” option for the desired service

At the beginning of each month, 48 pass units are automatically deposited into your Free Pass. Depending on which bus stop you get off at, when you catch the next bus, you will need to use another pass unit. At some stops, there is an integration system. In other words, when you get off at a certain stop and catch the next bus at that stop, you will not need to use another pass.

Other Transportation Options in the City

In addition to buses, Goiânia has app drivers to get around the city. The most well-known and widely used apps are Uber, 99POP and inDrive. With them, you have the option of choosing a car or motorcycle trip. They also allow you to deliver items, as is the case with the “Flash” option on Uber. This option for sending items is cheaper, so it is important to be careful when ordering a car and end up not requesting the cheaper option, but it does not apply to passenger trips.

Accommodation

It is recommended that you look for accommodation in the vicinity of the Campus for easier access and less transportation costs. For housing options, Google Maps may be useful to identify a place to live. Other online property search platforms are also good options.

The Samambaia Campus (Campus 2) is located next to Vila Itatiaia, where you can search for apartments, studios or rooms to rent at Vila Itatiaia and Goiânia 2; whereas the Colemar Natal e Silva Campus (University Campus), located in the Setor Universitário, housing can be found nearby at Setor Universitário, Setor Leste Universitario, and adjacent areas.

Regarding the Aparecida de Goiânia Campus, located at the city Aparecida de Goiânia, accommodation can be found in the surrounding neighborhoods, at Parque Montreal, Setor Nova Olinda and Setor Alvorada Sul; while the Goiás Campus, located in the city of Goiás, housing can be available at Avenida Bom Pastor.

Housing prices vary according to different regions in the city, thus a good survey is highly recommended beforehand.

Casa do Estudante Universitário

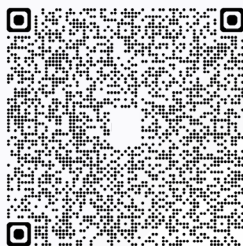


University Student Housing (CEU)

UFG offers accommodation for undergraduate students when previously agreed upon and specified in the student's Letter of Acceptance. This accommodation is known as the University Student House (CEU). UFG has 3 active CEUs.

UFG does not yet have a Student House or any type of accommodation specifically for graduate students or visiting researchers. Therefore, we recommend that temporary alternative forms of accommodation be considered.

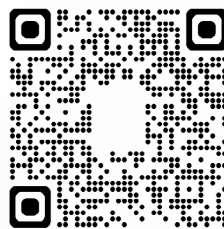
CEU 5 is located on the Samambaia Campus, while CEUs 1 and 3 are on the Colemar Natal e Silva Campus. You can check the location of each of them and more information about the CEUs by accessing the QR Codes below.



Location of CEU 5



Location of CEUs 1 and 3



More information about
the CEUs.

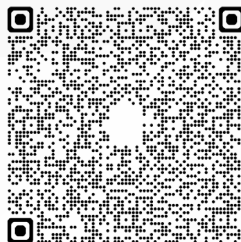
Where to Eat?

Not all UFG campuses have a cafeteria, but there are several options of cafeteria and cafes at affordable prices.

On the Samambaia Campus, there are several snack bars where you can have breakfast or snacks throughout the day, such as the DCE (Central Student Directory) Snack Bar, the School of Music and Performing Arts (EMAC) Snack Bar, and the Reuni Restaurant (behind the B Classroom Center), which is a snack bar but also operates as a restaurant, offering self-service food at lunchtime. In the vicinity of this campus, you can find other restaurant options on Avenida Esperança, and near the School of Veterinary Medicine and Animal Science (EVZ), you can find the Cantina da Escola da Agronomia. In addition to these options, there is the Passeio das Águas Mall, where there are several restaurant options for lunch, snacks, and dinner.



Location of the
Cantina da Escola da Agronomia.



Location of the
Passeio das Águas Mall.

On the Colemar Natal e Silva Campus, you can find food options on Avenida 10 and 5ª Avenida, both near the Campus. Students can find other options for snack bars and restaurants by searching for “restaurants near me”, “snack bars near me” or “restaurants near Praça Universitária” on Google. The same procedure can be used to search for restaurants and snack bars near the Aparecida de Goiânia Campus and the Goiás Campus.

University Restaurant



University Restaurant –outside.



University Restaurant –inside.

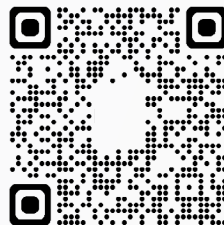
UFG has two University Restaurants (RU) (<https://prae.ufg.br/p/29468-restaurante-universitario>). The RU on the Samambaia Campus is located near the DCE (Central Student Directory) and the Institute of Biological Sciences (ICB). On the Colemar Natal e Silva Campus, the RU is located on 5th Avenue, near the Student Houses and the Sectional Library.

At the RU, for undergraduate students, part of the meal is subsidized by UFG and the student pays only R\$2.50 for breakfast and R\$4.00 for lunch or dinner

Opening hours:

- Breakfast (Monday to Saturday): 06:30-09:00
- Lunch (Monday to Saturday): 10:45-14:15
- Dinner (Monday to Friday): 17:00-19:30

Students can request exemption from the RU fee through the Food Grant by accessing information using the QR Codes below:



Scan or click to access
more information
about RUs.



Exemption information for
undergraduate students.



Exemption information for
graduate students.

Cell Phone Number and Mobile Internet

Students can sign up for a phone plan and acquire a cell phone number in Brazil. The most common phone companies in Brazil are Claro, Vivo and Tim. You can purchase a plan from these operators by going to one of their stores, located in various parts of the city, particularly in shopping centers. Plans can be purchased online, but errors may occur for students whose CPF has been recently registered.

In order to avoid having to give up your phone number from your home country, some companies offer the option of a virtual chip/card (e-SIM). Just make sure that your cell phone is compatible with e-SIM (check the device settings or the manufacturer's website) and then sign up for the service from one of the operators online. Some options are (click on the names to access the website):

- **Airalo**
- **Claro**
- **AloSIM**
- **Holafly**
- **MobiMatter**

Voltage and Type of Socket

In Goiás, the voltage is 220V. Most sockets have three pins, like the model in the image below:



Source: Capitalist

Main Payment Methods

International credit/debit cards

- **Brands accepted almost everywhere:** Visa, Mastercard and ELO.
- **Tip:** Inform your bank abroad about your trip to Brazil to avoid being blocked
- Consider a global card (e.g.: Wise, Revolut) to avoid high exchange rates.

Cash (Reais - R\$)

- Notes and coins are useful for small businesses and public transportation.
- **Important:** Exchange foreign currency at authorized exchange bureaus or banks.

PIX: Brazilian Instant Payment

- **How does it work:** Free and immediate transfer between Brazilian bank accounts, via the bank's app.
- **PIX keys:** Use your cell phone, email, CPF or a random key to send/receive payments.
- **QR Code:** Scan the code at establishments to pay quickly (no need to enter data!).
- **Requirements:** You will need a bank account in Brazil (see how to open one in the topic "How to open a bank account in Brazil").

Campuses (Locations)

UFG has six campuses: Samambaia Campus; Colemar Natal e Silva Campus; Aparecida de Goiânia Campus, all three located in the city of Goiânia and its metropolitan region; Goiás Campus, in the city of Goiás; Caldas Novas Campus, in the southeast of Goiás; and Cidade Ocidental Campus, located in the center of the state of Goiás, close to the capital of Brazil, Brasília.

Samambaia Campus

The Samambaia Campus, opened in 1971, is located in the northern region of Goiânia, next to Vila Itatiaia. The campus stands out for its vast area, being the largest and main campus of the University, designed as a true university city.

The Samambaia Campus is home to the UFG Rectorate, in addition to most of the administrative bodies that coordinate the activities of the entire university. The Campus also houses several support structures for students and the academic community, such as bank branches of Caixa Econômica Federal and Banco do Brasil.

The grandeur and importance of the Samambaia Campus make it the heart of UFG, concentrating a large part of the academic, administrative and service activities, contributing significantly to the formation and development of the university community.



Campus Samambaia location. Source: Google Maps.



Samambaia Campus



The courtyard of EMAC

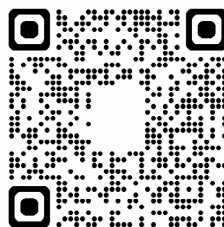
Colemar Natal e Silva Campus

The Colemar Natal e Silva Campus is located in the University Sector. This Campus is a landmark in the history of UFG, housing the university's most traditional courses, such as Law, Pharmacy, Dentistry and Medicine. In addition, the Campus is home to important academic units, such as the School of Engineering, the School of Nutrition and the School of Education. One of the main highlights of the Colemar Natal e Silva Campus is the Hospital das Clínicas, which serves as a teaching hospital, offering practical training to students in the health area and providing health services to the community.

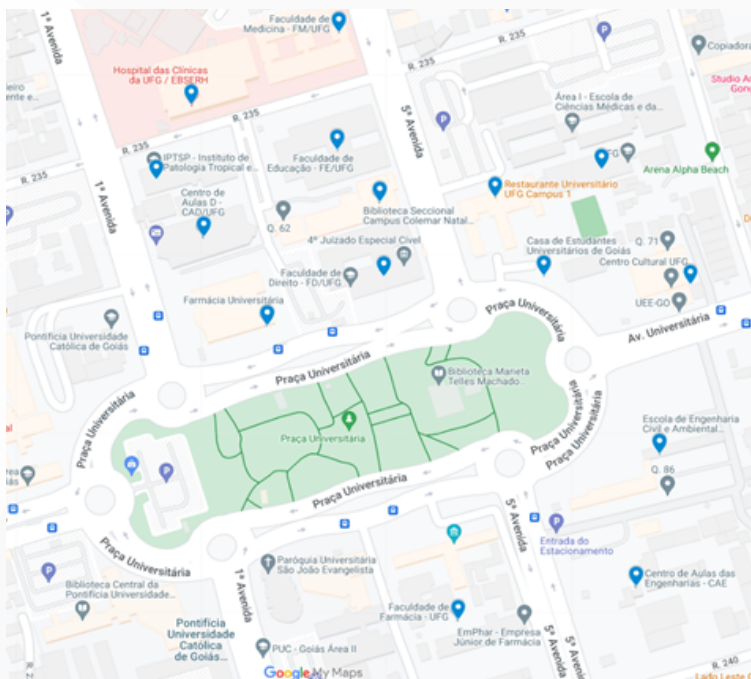
The Colemar Natal e Silva Campus is also home to two of UFG's cultural institutions: the Anthropological Museum, whose collection is open to the public, and the UFG Cultural Center, which gathers, documents, preserves, exhibits, presents and disseminates activities related to various artistic areas: visual arts, music, theater, dance, literature, audiovisual and performances, as well as carrying out other cultural and artistic activities.



Scan or click to access
more information about the
Anthropological Museum..



Scan or click to access
more information about the
UFG Cultural Center..



Colemar Natal e Silva Campus location. Source: Google Maps.



Part of the University Square and the Colemar Natal e Silva Campus.

Aparecida de Goiânia Campus

The Aparecida de Goiânia Campus (CAP) was created on May 2, 2012, in partnership with the Ministry of Education. Initially, the Campus was intended to offer courses in Chemical Engineering, Production Engineering, Materials Engineering, Transportation Engineering and Geology, marking an important advance in professional training in the city of Aparecida de Goiânia.

The CAP was designed to integrate higher education with technical education, in collaboration with institutions such as the Federal Institute of Goiás – IFG and the National Service for Industrial Training – Senai, aiming to train professionals to meet the demands of companies in the region's industrial hubs. In 2015, the CAP was structured as the Faculty of Science and Technology (FCT). It currently offers courses in Production Engineering, Transportation Engineering and Geology, and houses professional master's programs, aligning its offerings with the city's industrial and logistics needs.



Aparecida de Goiânia Campus location. Source: Google Maps



Aparecida de Goiânia Campus.

Goiás Campus

The tradition of higher education in the city of Goiás dates back to 1898, when the city, then the capital of the province of Goyaz, received the 6th Law School in the country, which would later become the UFG Law School. With the transfer of the capital to Goiânia in 1937, the school was also relocated.

In 1990, an agreement between UFG and the City of Goiás resulted in the opening of an extension of the Law School in the city. In 2009, the Goiás Campus was formally established, offering Law, Philosophy and Social Service courses, all in the evening. Later, new courses were added, including Administration, a Degree in Rural Education and Architecture and Urban Planning.

The Campus stood out for initiatives such as the creation of special Law classes for beneficiaries of agrarian reform, in partnership with the National Program for Education in Agrarian Reform (Pronera). In 2021, the Pedagogy course was approved, with the first class starting in 2022. Today, the Goiás Campus has around 1,000 students distributed across seven undergraduate courses and has established itself as a teaching and research center, having started its first doctorate in 2019 in partnership with the Federal University of Bahia (UFBA).



Goiás Campus location. Source: Google Maps.



Goiás Campus.

Caldas Novas Campus

The Caldas Novas Campus is one of the newest and is being structured to be a Center for Training, Qualification and Technology Development for family farming. It is located in the city of Caldas Novas, in the southwest of Goiás, famous for its hot springs, which attract tourists from Brazil and around the world. With a complete tourist infrastructure, Caldas Novas offers water parks, resorts, inns and leisure areas that take advantage of the natural hot waters, with temperatures ranging from 30 °C to 57 °C.

In addition to the hot springs, the city has beautiful natural landscapes, such as the Serra de Caldas, ideal for trails and ecotourism, and the Pirapitinga Lake, perfect for water sports and boat trips. The local cuisine, with typical dishes from the Cerrado, and the lively nightlife complete the experience for visitors.



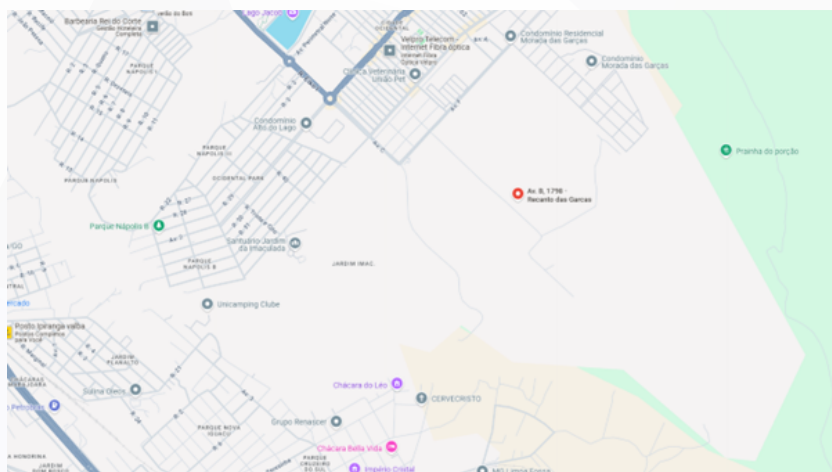
Caldas Novas Campus location. Source: Google Maps.



Caldas Novas Campus.

Cidade Ocidental Campus

In December 2024, the provisional headquarters of UFG was inaugurated in Cidade Ocidental, which will house the University's newest Campus, located on the outskirts of Brasília, the federal capital of Brazil. The courses that will be offered by UFG in the city are focused on strategic and promising areas in the job market. Divided into technological and management axes, students will be able to choose from courses such as: Software Engineering, Public Administration, Digital Health Management, Cybersecurity, Security Management, Artificial Intelligence. The first process should take place in 2025.



Cidade Ocidental Campus location. Source: Google Maps.



Cidade Ocidental Campus scale model.

OFFICIAL PROCEDURES AFTER ARRIVING IN BRAZIL

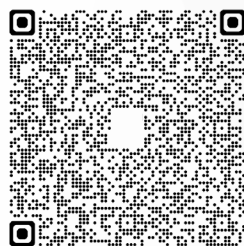
How to open a bank account in Brazil

Opening a checking account in Brazil is very simple and can be done at any bank branch, or even online.

You just need to go to the bank with your personal document, your visa, your CPF and proof of residence (a document that shows where you live). Proof of residence can be an account in your name that shows your home address. If you do not have any account in your name, you can ask your landlord to issue a declaration of residence, which he/she must sign according to his/her identity document and send you a copy of this document so that the signature is valid for the bank.

If you live in the UFG Student House, request a statement from the Office of the Vice-Rector for Student Affairs (PRAE) proving your residence. The location of the PRAE is available in the QR Code on the side.

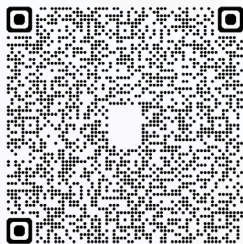
It is important to pay attention to the location of the bank branch. Try to choose one near your home or a UFG Campus.



Scan or click to
see the location of PRAE.

Here are some Brazilian banks: Banco do Brasil, Caixa Econômica Federal; Banco ABC Brasil; Banco BMG; Bradesco; Citibank; Banco Inter; Itaú; Safra; Santander; BRB – Banco de Brasília; Nubank, C6 Bank etc. Most of these banks have mobile app versions that allow you to check your balance, make transactions, check your credit limit, and so on after you have created your account.

If you do not have a bank account and a UFG scholarship is granted to you, UFG/SRI will issue a Payment Order for you to collect your money directly from Banco do Brasil. To receive it, simply show up at the bank with the Payment Order and an identification document, such as your passport. The Banco do Brasil on the Samambaia Campus is located inside the Community Center. To locate the Banco do Brasil on the Colemar Natal e Silva Campus, you can access the QR Code below, on the right. Banco do Brasil offers the “basic account” option, which is free of fees and charges.



Scan or click for the location
of the Banco do Brasil branch
on the Samambaia Campus.



Scan or click to
access the location of the
Banco do Brasil branch at the
Colemar Natal e Silva Campus

National Migration Registration Card (CRNM)

For stays longer than 90 days, you must obtain a residence permit, even if your visa is valid for a longer period. To obtain this permission, simply follow the steps below:

1. Fill out the form available [\[here\]](#);
2. The “Ocupação Principal” field must be filled in with “930 - ESTUDANTE”;
3. The “Filiação” fields refer to the names of your mother and father;

The screenshot shows the 'Dados Pessoais' tab of the CRNM form. The fields are as follows:

- Tipo:** Outras Hipóteses (dropdown)
- Nome:** NOME
- Sobrenome:** SOBRENOME
- Nome completo:** NOME SOBRENOME
- Nome Anterior Completo:** (empty field)
- Desejo incluir nome social:** ☐ ?
- Sexo:** ☒ Masculino ☐ Feminino ☐ Não Declarado
- Condições pessoais:** NENHUMA
- Data de Nascimento:** 01/01/1900
- Estado Civil:** SOLTEIRO
- Cidade de Nascimento:** BUENOS AIRES
- País de Nascimento:** Argentina
- País de Nacionalidade:** Argentina
- E-mail Pessoal:** EMAIL@EMAIL.COM
- Ocupação Principal:** 930 - ESTUDANTE
- CPF (Cadastro de Pessoa Física):** 000.000.000-00
- Filiação 1:**
 - Nome:** NOME COMPLETO DA MÃE
 - Sexo:** ☐ Masculino ☒ Feminino ☐ Não Declarado
- Filiação 2:**
 - Nome:** NOME COMPLETO DO PAI
 - Sexo:** ☒ Masculino ☐ Feminino ☐ Não Declarado

The first screen must have all mandatory fields filled in.

Dados Pessoais | Dados do Registro | Endereço | Declaração

Dados do RNM:
Possui RNM (Registro Nacional de Migrante)?
☐ Sim ☒ Não

Possui CHAMANTE?
☐ Sim ☒ Não

DADOS DE DOCUMENTO DE VIAGEM

Tipo do Documento de Viagem: Número do Documento de Viagem:

País Expedidor do Documento de Viagem:

DADOS DE ENTRADA

UF (Unidade da Federação): Local de Entrada:

Meio de Transporte Utilizado: Data de Entrada:

The second screen must be completely filled in

Dados Pessoais | Dados do Registro | **Endereço** | Declaração

ATENÇÃO
Caso tenha se mudado, apresente no ato do atendimento, comprovante de residência atual.

☐ FRONTEIRIÇO

ENDEREÇO RESIDENCIAL

CEP: Logradouro:

Complemento: Distrito/ Bairro:

Cidade: UF:

Telefone de Contato: Telefone de Contato 2:

ENDEREÇO COMERCIAL / INSTITUIÇÃO DE ENSINO

☐ Desempregado, aposentado ou não possui endereço comercial/instituição de ensino Nome do Estabelecimento Comercial/Estudantil

Nome do Estabelecimento Comercial/Estudantil:

CEP: Logradouro:

Complemento: Distrito/ Bairro:

Cidade: UF:

Telefone Comercial:

The third screen should have your residential address in Brazil and that of UFG.

In the “Endereço Comercial / Instituição de Ensino” field, enter the following information:

- Nome: UNIVERSIDADE FEDERAL DE GOIÁS
- CEP: 74690-900
- Complemento: Câmpus SAMAMBAIA PRÉDIO DA REITORIA
- Telefone comercial: 6235211274

4. Submit the payment fee by clicking [\[here\]](#);
 - The payment amount is R\$204.77 and can be paid at any bank, online or in person. Remember to save the payment document and proof of payment.
 - In the “Código Receita STN” field, enter the number “140120”.
 - The screen should be filled out according to the image:

The image shows a web form titled "Dados do Recolhimento" (Collection Data). The form contains the following fields and values, with green boxes highlighting the input areas:

- Nome ***: NOME COMPLETO
- CEP ***: 74650-350
- Endereço ***: Rua 403
- Complemento**: (empty)
- Bairro ***: Setor Negrão de Lima
- Cidade ***: Goiânia
- UF**: GO
- País de Nacionalidade ***: Argentina
- Email**: (empty)
- Nome da Mãe ***: NOME COMPLETO DA MÃE
- Nome do Pai**: (empty)
- Observação**: (empty)
- Código Receita STN ***: 140120
- Valor Total ***: R\$ 204,77

Below the "Código Receita STN" field, there is a note: "124 - Emissão de cédula de identidade de imigrante". At the bottom of the form is a blue button labeled "Pagar".

5. After completing these steps, you must access the following link to schedule your interview with the Federal Police: <https://servicos.pf.gov.br/agenda-web/acessar>. This website may present some difficulties and may not have an available appointment date within 90 days. We recommend that you keep trying every day.

Enrollment at UFG

Your enrollment at UFG will be completed automatically after you have submitted all the required documents (passport, visa, and insurance) and arrived in Brazil:

- Undergraduate students: You will receive your enrollment number by email;
- Graduate students: Contact the coordinator of your program to obtain the necessary information about enrollment.

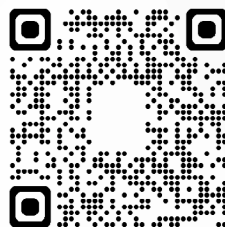
After enrollment, it is essential that the coordinator of your course (for undergraduate studies) or your program (for graduate studies) register you for at least one subject so that your enrollment becomes ACTIVE and you have full access to UFG's features.

ACCESSING UFG ACADEMIC SYSTEMS

UFG Integrated Academic Activities Management System (SIGAA)

SIGAA is the electronic system that integrates all of the university's academic activities (enrollment, courses, grades, attendance, complementary activities, etc.) and all regular students enrolled at UFG must have access to this system to attach documents, resolve bureaucratic procedures, contact professors and monitor their academic progress.

To access SIGAA, students must create their "LOGIN ÚNICO", which will give them access to all UFG systems. This LOGIN can only be created after enrollment is completed and is ACTIVE. After creating your "LOGIN ÚNICO", you will be able to access all UFG systems and features. To do so, you can follow the instructions by accessing the QR Code on the side.



Tutorial on how to create
your Login Único

Below, we present an image of what the Login creation page looks like on the UFGNet Portal:



The image shows the login page of the Universidade Federal de Goiás (UFG). At the top, there is the UFG logo, which consists of a cluster of blue hexagons and the text "UFG UNIVERSIDADE FEDERAL DE GOIÁS". Below the logo, the title "Autenticação UFG" is displayed. The login form includes two input fields: "Informe seu login" (with a user icon) and "Senha" (with a lock icon). There is a checkbox for "Login pelo CPF". Below these fields is a reCAPTCHA section with the text "Não sou um robô" and a checkbox, along with the reCAPTCHA logo and links for "Privacidade" and "Termos". A large blue "Entrar" button is positioned below the reCAPTCHA. At the bottom of the form, there are links for "Esqueceu login/senha" and "Criar login". A link for "Ajuda" is located at the very bottom of the page.

UFG
UNIVERSIDADE
FEDERAL DE GOIÁS

Autenticação UFG

☐ Login pelo CPF

☐ Não sou um robô

reCAPTCHA
Privacidade • Termos

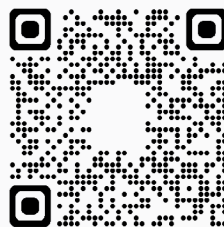
Entrar

[Esqueceu login/senha](#) | [Criar login](#)

[Ajuda](#)

UFG Wi-fi (Eduroam)

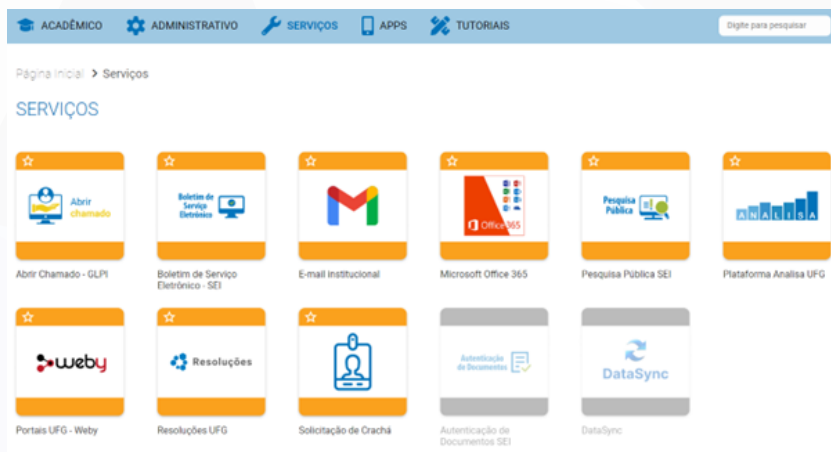
After creating your unique login, you will be able to access UFG's Wi-Fi anywhere on the University and in the Student House. To do so, you can follow the instructions by accessing the QR Code on the side.



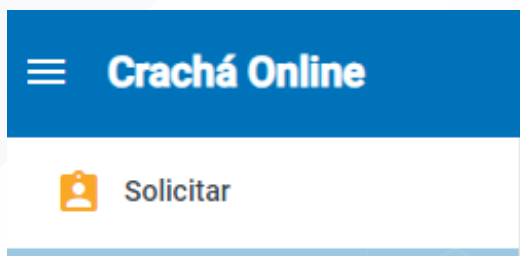
Tutorial on how to access
the Eduroam network

Badge

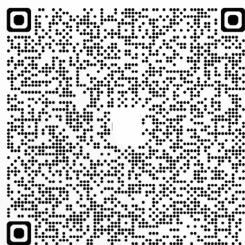
To request your badge, you need to be logged into the UFG system. Then just click [\[here\]](#), click on "services" and the following page will appear:



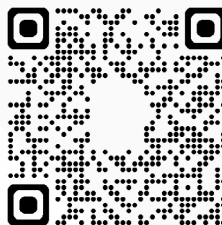
Just click on "Solicitação de crachá", a new page will open and in the top left corner you will click on "solicitar":



After clicking “solicitar”, you will choose the “estudante” option, edit your name if you wish, and add a photo. Then, simply confirm the request. After this procedure, schedule an appointment to pick up your badge. Badges can be picked up at DTEL (Telecommunications Department).



Scan or click to
access DTEL's location.



Scan or click to
access information about
making the badge.

Library

UFG offers a wide range of bibliographic resources to the academic community through the UFG Library System. This system includes books, periodicals, monographs, dissertations and theses distributed in several libraries in the UFG Regional Offices. In addition to physical collections, the libraries have research spaces, individual and group study rooms and computer labs.

In the Goiânia Region, the Central Library (BC) and the branch libraries located on the Samambaia Campus stand out: CEPAE Library (in the Center for Teaching and Research Applied to Education), Letters and Linguistics Library (in the Faculty of Letters), Humanities Library (in the Humanities Courtyard); and the branch libraries located in the University Sector: Colemar Natal e Silva Campus Library and Anthropological Museum Library. All offer services such as: home loans, renewal and online reservation, as well as guidance on the use of available information resources. To access library services, it is necessary to take the New User Training and request a Library Card.

Library ID Card

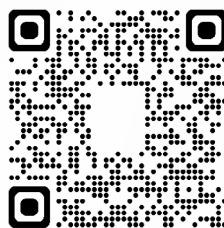
The card is intended exclusively for members of the UFG community – students and staff (faculty and technical-administrative staff). It is required for the following services:

- a) home loan of informational materials;
- b) self-loan (where the terminal is available);
- c) loan of keys for use of lockers (when available);
- d) loan of keys for use of collective study rooms (when available).

The ID card is personal and non-transferable, and is available through the Sophia Biblioteca app. Undergraduate and graduate students, whether in-person or distance learning, must complete the New User Training before accessing the services.



Scan or click to
access the page and download the app
Sophia Biblioteca.



Scan or click to
access information about
Central Library training.

USEFUL INFORMATION

Student ID

You can get your student ID card on the National Student Union (UNE) website by accessing the QR Code on the side. The student ID card guarantees half-price entry to concerts, cinemas, museums, cultural events, among others, and is valid for one year.



Scan or click to
access the UNE website.

Emergency Telephone Numbers

- Firefighters (in case of fires, fractures, accidents and rescues): **dial 193**
- Military Police: **dial 190;**
- Ambulance (in case of health emergencies): **dial 192;**
- - Specialized Police Stations for Women (in cases of violence against women): **dial 180.**

Emergency Health Care Units near Campuses

Foreign residents can seek care in the primary care and emergency network of the Unified Health System (SUS).

Near the Samambaia Campus, we have the following Health Care Units, shown by the red dots:



Source: Google Maps

To find an emergency care unit near you and check its opening hours, we recommend that you search on Google. You can search for “Emergency Care Units (UPA)”, “Family Health Center (CSF)”, “Integrated Medical-Sanitary Assistance Center (CIAMS)”, “Integrated Health Care Center (CAIS)”, “Health Center”.

Climate and Clothing

When dressing in Brazil, it is important to consider the local climate and culture. The country has a variety of climates, from tropical to subtropical, so it is essential to adapt your clothing according to the region.

For warm weather, such as in coastal regions, opt for light-weight clothing, such as t-shirts, tank tops, shorts and dresses. Comfortable sneakers and sandals are a popular choice, along with hats and sunglasses to protect yourself from the sun. In rainy weather, it's a good idea to bring an umbrella with you and choose shoes/sandals that you won't mind getting wet.

In cooler places, such as the South and Southeast, have light coats, cardigans, and longer pants on hand. The weather can be unpredictable, so it's always a good idea to have a warmer item of clothing to wear when needed.

The climate in Goiás is hot for most of the year, with some cooler months (ranging from at least 10°C to 22°C) and usually accompanied by drier weather and low humidity. The coolest months are concentrated between May and August. The other months are hot. Some are accompanied by dry periods, as is the case mainly in September, but between October and May, the heat is somewhat alleviated due to the summer rains. Therefore, when living in Goiás, it is important to take into account that the climate is mostly hot and low humidity.

When visiting more formal environments, such as universities and workplaces, it is recommended to dress more professionally. Avoid very short clothes, exaggerated necklines or very informal pieces. We recommend always wearing a light coat, considering that classrooms, auditoriums and meeting rooms usually have air conditioning on to alleviate the heat.

In general, Brazilians value fashion and dress in a colorful and relaxed manner. However, respecting the local culture is important. Observing the norms and customs of the institution or venue you will be in is essential to feeling integrated and respected.

In short, when dressing in Brazil, be aware of the weather, adapt to local norms and, above all, dress comfortably and confidently. Take advantage of the country's cultural diversity and allow your own personal expression to shine through your unique style.

DISCOVERING THE CITY OF GOIÂNIA

Civic Square

One of the most emblematic sites of Goiânia is the Dr. Pedro Ludovico Teixeira Square, better known as Civic Square, located in the Central Sector. Considered the city's ground zero, it houses the state government's administrative headquarters, the governor's official residence, as well as the Marietta Telles Cultural Center and the Zoroastro Artiaga Museum (Goiânia City Hall, 2024).

Among the postcards of the capital, the Monument of the Three Races, created in 1968 by artist Neusa Moraes stands out. Near the Emerald Palace, the Cine Cultura is part of the extensive area of the square. The venue, in addition to offering cinema sessions throughout the week, hosts exhibitions by local artists and photographs of Pedro Ludovico's life, an important political and historical figure in the state of Goiás. It also has a library with over 100,000 titles and study spaces (Goiânia City Hall, 2024).

Oscar Niemeyer Cultural Center

The Oscar Niemeyer Cultural Center is a cultural complex located at Deputado Jamel Cecílio Avenue, in the Alto da Glória sector. Inaugurated on March 30, 2006, the space houses various facilities dedicated to culture and art (Goiânia City Hall, 2024).

The complex includes the Esplanade of Culture, an area of 26 thousand square meters used for exhibitions, artistic events, concerts, and presentations. Among the main buildings, the Library stands out. It honors Bernardo Élis, the only writer from Goiás to join the Brazilian Academy of Letters; J.J. Veiga, born in Corumbá and resident of Pirenópolis; and historian Paulo Bertrand. The library building has about 10

thousand square meters between its three floors, with an auditorium for 135 people and a panoramic restaurant on the terrace (Goiânia City Hall, 2024).

Furthermore, the complex houses the Museum of Contemporary Art, which has 4 thousand square meters and includes art galleries and dedicated spaces dedicated for exhibitions. The Belkiss Spenciêre Palace of Music houses a theater with more than 1.5 thousand seats, an orchestra pit, boxes for 284 people, and a bar. The palace is the headquarters of the Goiás Philharmonic Orchestra and honors Belkiss Spenciêre, one of the most important pianists from Goiás, who passed away in 2005 (Goiânia City Hall, 2024).

Finally, the Human Rights Monument, designed by Niemeyer, is a structure that includes an auditorium with a seating capacity of 700, a winter garden, and an exhibition hall. The centerpiece of the monument is a large red triangle, which according to the architect symbolizes the importance of the project (Goiânia City Hall, 2024).

Martim Cererê Cultural Center

The Martim Cererê Cultural Center, located in the South Sector of Goiânia, is one of the main cultural centers of the city and a true landmark in the Goiás art scene. The history of Martim Cererê dates to the early 1980s, when it was founded as a performing arts venue and a space for cultural manifestations. Its name is a tribute to the book “Martim Cererê” by writer Cassiano Ricardo (Goiânia City Hall, 2024).

Over the years, Martim Cererê became a meeting point for artists, musicians, writers, and general culture enthusiasts. The venue hosts various events, such as concerts, exhibitions, theatrical performances, craft fairs and festivals, offering a diverse schedule that includes the most varied artistic segments (Goiânia City Hall, 2024).

Nowadays, the Cultural Center is recognized as a space for avant-garde and artistic experimentation in Goiânia. The space plays a pivotal role in the spreading of Goiás culture, in the promotion and preservation of the arts and the cultural identity of the state (Goiânia City Hall, 2024).

Main Parks in Goiânia

Goiânia is known for its vast green area, with 42 parks spread throughout the capital, many of which include permanent preservation areas. These spaces offer the population options for leisure, socializing, practicing sports and direct contact with nature.

The parks in Goiânia are ideal for practicing outdoor physical activities, family picnics, cultural and educational events, as well as moments of relaxation. Among the best known are Vaca Brava Park, Areião Park, Bosque dos Buritis and Flamboyant Park. Each one has unique characteristics, which meet the diverse needs of visitors, whether they are leisure, sports or culture.

Flamboyant Park

Located in the Jardim Goiás Sector, Flamboyant Park is one of the most beautiful in the city. With an area of approximately 130 thousand square meters, the park offers a beautiful landscape, marked by two large artificial lakes and extensive green areas, which contributes to making it a popular place for those seeking tranquility and contact with nature.

Flamboyant Park has infrastructure geared towards practicing physical activities, such as walking trails, a bike path and outdoor gym equipment. The trails surrounded by trees and native vegetation are inviting for both those who want to exercise and those looking for a place to relax. In addition, the park is a meeting point for those who practice sports, such as running, walking and cycling.

Vaca Brava Park

Vaca Brava Park, officially called Sullivan Silvestre Park, is one of the most visited in the city. Located in the Bueno Sector, one of the most valued neighborhoods in Goiânia, the park occupies an area of approximately 80 thousand square meters. Its main attraction is the large central lake, which offers a beautiful landscape, reflecting the sky and the surrounding vegetation.

Vaca Brava is surrounded by a very busy walking trail, where residents and visitors exercise every day, especially in the early morning and late afternoon. In addition to the trail, the park has grassy areas for picnics and, in the surrounding area, there are several dining and shopping options, making the region a reference point for both leisure and socializing.

Areião Park

Areião Park, located between the Marista and Pedro Ludovico sectors, is another important green space in Goiânia, with approximately 220 thousand square meters. The park stands out for being a permanent preservation area, protecting fragments of the native vegetation of the Cerrado. It is ideal for those seeking a more peaceful retreat in direct contact with nature.

With trails for walking and running, Areião is a favorite among those who practice physical activities. Its dense vegetation provides shade and a cool environment, even on the hottest days. The park is also home to several species of birds and capuchin monkeys, which makes the visit even more interesting, especially for lovers of the local fauna.

In addition to the trails, Areião has outdoor gym equipment, play areas for children and a small lake. It is a popular place for family outings, where visitors can relax by the lake or explore small trails, immersed in the natural environment.

Bosque dos Buritis

Bosque dos Buritis is the oldest park in Goiânia and one of the most traditional. Located in the West Sector, in the heart of the city, the Bosque is known for its natural beauty and its historical and cultural value. With an area of approximately 124 thousand square meters, it houses three artificial lakes and is surrounded by tall, lush trees, which provide shade and freshness to visitors.

In addition to being a space for walking and exercising outdoors, Bosque dos Buritis is also a point of cultural interest. Inside the park is the Goiânia Art Museum, which displays exhibitions by local and national artists. There is also the Monument to World Peace, a sculpture that symbolizes brotherhood among peoples and has land from several nations at its base.

Bosque dos Buritis is ideal for moments of rest and contemplation, attracting people looking to relax in a peaceful and pleasant environment. Its lakes and native vegetation make the place a refuge in the middle of the city, offering people a break from the urban pace. Because it is central, the park is quite accessible and widely used by workers and students who travel through the area.

Goiânia Zoo

The Goiânia Zoo, located on Alameda das Rosas in the Setor Oeste, is one of the most important leisure and environmental education spots in the capital of Goiás. Officially opened in 1956, the zoo was designed as a space to house wild animals and provide the population with opportunities for recreation and awareness about environmental preservation.

The park currently houses more than 450 animals, divided into 122 species, including birds, mammals and reptiles, with 92 species of Brazilian fauna standing out. Some species under the zoo's care are endangered, such as the hyacinth macaw, the golden-headed conure, the purple-breasted parrot, the black-faced spider monkey and the jaguar. These animals receive special care, with a focus on their preservation, and the park participates in ef-

forts to rescue and shelter animals from seizures and rescues carried out by the Wildlife Triage Center (CETAS) of IBAMA (Brazilian Institute of the Environment and Renewable Natural Resources).

The zoo is open for visits from Wednesday to Sunday, from 8:30 am to 5 pm, with the ticket office open until 4 pm. Tickets cost R\$5.00 (full price) and R\$2.50 (half price), which are intended for seniors over 60 years old, students with a Student ID Card and low-income young people who are properly identified.

Mutirama Park

Mutirama Park, opened in 1969, is one of the most traditional amusement parks in Goiânia, located in the city center, next to Botafogo Park. Mutirama offers 21 attractions, such as Ferris wheels and roller coasters, establishing itself as a leisure option for all ages.

In addition to the amusement attractions, the park is home to the planetarium, managed by UFG, and the Dinosaur Park, which has life-size replicas of these prehistoric animals. With a capacity to serve up to 10,000 people per day, Mutirama Park is an affordable leisure option, offering free admission to the public and providing moments of entertainment and socializing for all age groups..

Street Markets

Fairs are an integral part of local life, boosting the economy, promoting entrepreneurship and offering a rich cultural experience for both residents and visitors. There are different types of fairs in the city, each with its own characteristics and aimed at different audiences. Every day, dozens of open-air fairs take place in Goiânia. Below we have selected the most famous ones.

Hippie Street Market

The Hippie Fair is the largest and most famous fair in Goiânia, and is also considered the largest open-air fair in Latin America. Located in the area of the old train station, in downtown Goiânia, it takes place on weekends, starting on Fridays and continuing until Sunday. The main focus of the fair is the sale of clothing, footwear and accessories, many of which are produced by small entrepreneurs in the region. In addition, there is a wide variety of decorative items, handicrafts and imported products. The Hippie Fair attracts buyers from different parts of Brazil, being a meeting point for resellers and tourists looking for products at affordable prices.

Feira da Lua Street Market

Feira da Lua, located in Praça Tamandaré, in Setor Oeste, is another of the city's most traditional fairs. It takes place on Saturdays and is known for its variety of products ranging from fashion and crafts to decorative items. The fair is also famous for its food area, where visitors can find typical dishes from Goiás cuisine and other regions of Brazil.

Feira do Sol Street market

The Feira do Sol, held on Sundays at Praça do Sol, also in Setor Oeste, is one of the most charming in the city. It stands out for the strong presence of local artists, who exhibit and sell paintings, sculptures and other forms of art. In addition, there are varied gastronomy options, with sweets, savory and typical dishes stalls.

DISCOVERING THE STATE OF GOIÁS

Ecotourism in the State

Goiás, a Brazilian state full of natural beauty, offers countless opportunities for ecotourism. With its vast preserved areas, stunning waterfalls, lush cerrado and national parks, Goiás is a true paradise for nature lovers.

The Cerrado biome is known for its diversity of fauna and flora, with a unique landscape of savannas, forests and rivers. Here, it is possible to find an impressive variety of plant and animal species, some of which are endemic and endangered. In addition, the Cerrado is essential for the maintenance of water resources and plays a fundamental role in regulating the region's climate (ICMBio, 2023).

Visitors can explore trails, practice outdoor sports, observe fauna and flora, visit waterfalls and enjoy activities such as abseiling, canoeing and birdwatching. Popular destinations include Chapada dos Veadeiros, with its natural landscape, trails and stunning waterfalls; Emas National Park, home to endangered species; Pirenópolis and Cidade de Goiás, with their historic architecture, waterfalls and cultural events, such as FICA (International Environmental Film and Video Festival, in the city of Goiás) and PiriBier, a gastronomic, cultural and beer festival held in Pirenópolis, considered the largest beer festival in the Central-West region and featuring shows, drinks, beers, draft beer, gastronomy, etc. (PiriBier, 2023). Ecotourism in Goiás provides an authentic connection with nature and a unique experience of environmental preservation.

Pirenópolis

Pirenópolis, a charming historic city located in the state of Goiás, is a must-see destination for those seeking to experience Brazil's rich culture and colonial architecture. With its cobblestone streets, colorful mansions, and centuries-old churches, Pirenópolis captivates visitors with its unique charm. In addition, the city offers lush nature, with waterfalls and trails to explore. Exchange students and teachers will have the opportunity to experience the historic atmosphere, participate in traditional festivals, and sample the delicious local cuisine. Pirenópolis is a treasure trove of Brazilian cultural heritage that is sure to leave a lasting impression.

Chapada dos Veadeiros

Chapada dos Veadeiros is a natural paradise that captivates visitors with its striking beauty. Located in the northern region of the state of Goiás, it is known for its magnificent landscapes, challenging trails and breathtaking waterfalls. The region offers a unique experience. For students and teachers on exchange, Chapada dos Veadeiros is an invitation to connect with nature, enjoy revitalizing hikes, dive into refreshing natural pools and contemplate a rich diversity of wildlife. This magical region is a must-see destination for lovers of adventure and untouched natural beauty.

Cidade de Goiás

Goiás City, a historic city located in the state of Goiás, is a true treasure trove of Brazilian cultural heritage. With its cobblestone streets, colonial mansions and baroque churches, the city transports visitors back to Brazil's colonial period. Exchange students and teachers will have the opportunity to explore the charming streets, visit museums and appreciate the preserved architecture. In addition, Goiás City offers a peaceful and welcoming atmosphere, with charming cafés and traditional restaurants. Immersed in the history and regional culture, visitors will enjoy a unique and enriching experience.

Caldas Novas

Caldas Novas, located 170 km from Goiânia, is famous for its thermal waters and relaxing atmosphere. It is a destination for those seeking rest and well-being. With its hot springs and thermal resorts, visitors have the opportunity to enjoy invigorating moments in natural pools and spas. In addition, Caldas Novas offers a variety of activities, such as boat trips, hiking and visits to water parks. With its pleasant climate and warm hospitality, Caldas Novas is a haven of relaxation and fun for students and teachers on exchange.

Brasília

Brasília, the capital of Brazil, is a unique city that is part of the Federal District but is geographically close to Goiânia, the capital of the state of Goiás, about 200 km away. Designed by renowned architect Oscar Niemeyer, Brasília is known for its modern architecture and for being an important political and cultural center. Exchange students and teachers can take advantage of Brasília's proximity to visit the Metropolitan Cathedral, the National Congress and the National Museum.

When visiting Brasília, international students have the opportunity to explore several unique cultural and architectural attractions. The Itamaraty Palace, headquarters of the Ministry of Foreign Affairs, is one of the must-see stops. With its modern and elegant architecture, Itamaraty offers guided tours that allow visitors to learn more about the country's diplomatic history and appreciate works of art and furniture by renowned Brazilian artists. Appointments for visits can be made by emailing visita@itamaraty.gov.br.

Another must-see cultural attraction is the Centro Cultural Banco do Brasil (CCBB). Located in the heart of Brasília, the CCBB is a dynamic cultural institution that hosts art exhibitions, theater performances, movie screenings, concerts, and other cultural activities. It is a vibrant space that celebrates Brazilian and international art and culture.

Traditional Cuisine

Goiás cuisine is a mix of flavors, spices and traditions that reflect the state's cultural and historical richness. When visiting Goiás, be sure to indulge in these delicacies and try the authentic Goiás food, an unforgettable gastronomic experience that will certainly leave you wanting more. (Nogueira, 2008).

One of the most emblematic dishes is the famous Goiás pie. Made with crispy dough and stuffed with pork, chicken, sausage, cheese and pequi, this delicacy is an explosion of flavors and aromas that win over everyone who tries it.

Another Goiás specialty is pequi, a fruit typical of the region. Its strong presence in local cuisine is notable in rice with pequi, a dish that combines the citrus flavor and intense fragrance of the fruit with white rice, creating a unique combination. The experience of eating pequi in Goiás is remarkable. Eating pequi allows you to connect with the local identity. It is important to receive guidance on how to eat it safely, as the pequi has spines in its pit – biting into the pequi pit can result in injuries caused by its spines.

The Goiana chicken stew is also a traditional and much-loved dish. Made with rice, chicken, seasonings and spices, it is a tasty meal, perfect for sharing with family and friends.

The pamonha and the rice with suã are also highlights of Goiana cuisine. The pamonha is a delicacy made from green corn, wrapped in leaves and cooked, resulting in a creamy and tasty dough. The rice with suã consists of a combination of rice, suã (part of the pork) and seasonings, resulting in a dish with a strong and irresistible flavor.

To end a Goiana meal on a high note, be sure to try the typical sweets, such as the dulce de leche in compote, the queijadinha and the rice pudding. These desserts are a real treat, with flavors that are reminiscent of the culinary traditions of Goiás.

You can't miss out on trying the famous Brazilian barbecue. Some famous steakhouses in Goiânia are Nativas Grill and Favo de Mel. Another well-known restaurant serving typical Brazilian food is Chão Nativo - with a location in the Setor Oeste and another in the Setor Bueno.

In the Setor Universitário, there is a self-service restaurant called Júnior, which specializes in typical Brazilian food. Another interesting restaurant to visit in the Setor Universitário is Abruzzo, which specializes in pasta. It is open for lunch and dinner.

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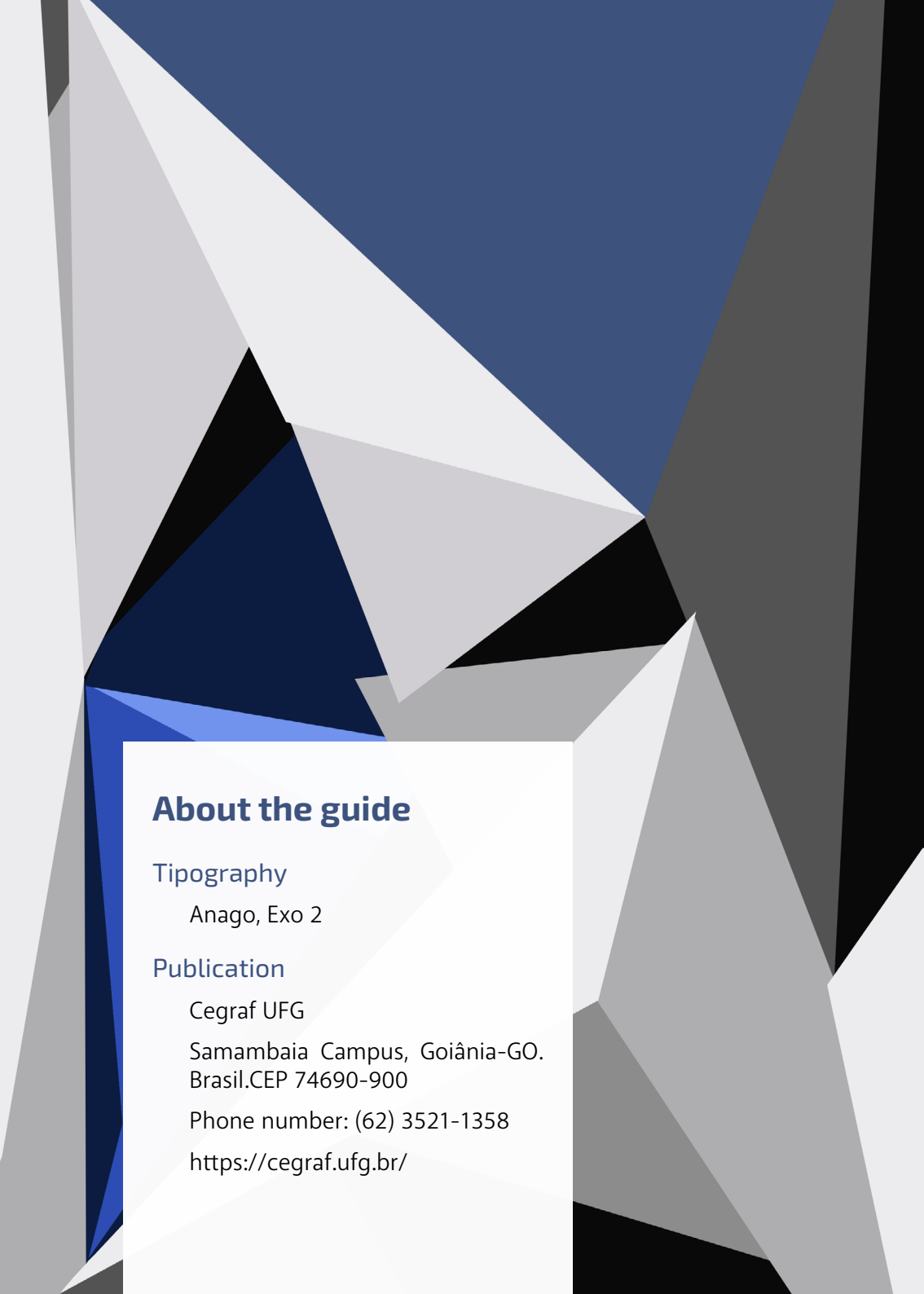
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